



[Knowledgebase](#) > [Email and Collaboration](#) > [Outlook: Email Merge using Microsoft Word and Excel](#)

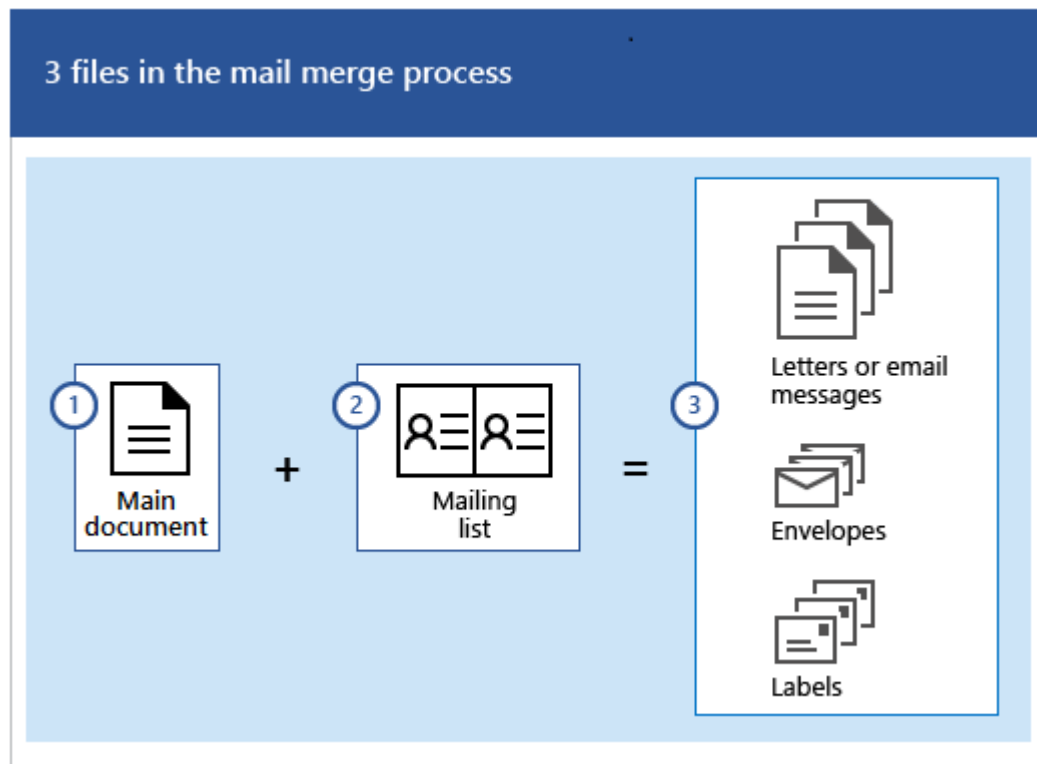
Outlook: Email Merge using Microsoft Word and Excel

Christine Clevenger - 2024-01-09 - [Email and Collaboration](#)

Use mail merge to send bulk email messages

Applies To: Word for Office 365 Word 2016 Word 2013 Word 2010 Word 2007

If you have a message to send to many people via email that you want personalized for each recipient, use mail merge. You can create a batch of personalized email messages that are formatted identically and use the same text and graphics. Only specific sections of the email message vary and are personalized. **Mail merge—unlike broadcasting a message to a group of people—makes each recipient of the message the sole recipient.**



What you need: There are three documents involved in creating email messages using the mail merge process:

1. **Your main document**

This document is your email message, it contains text and graphics (a logo or image, for example) that are identical for each version of the merged document.

2. **Your mailing list**

This document contains the data that is used to populate information on the letter. Your mailing list has names, for example, and your main document is the email message that will be addressed to the names in your list.

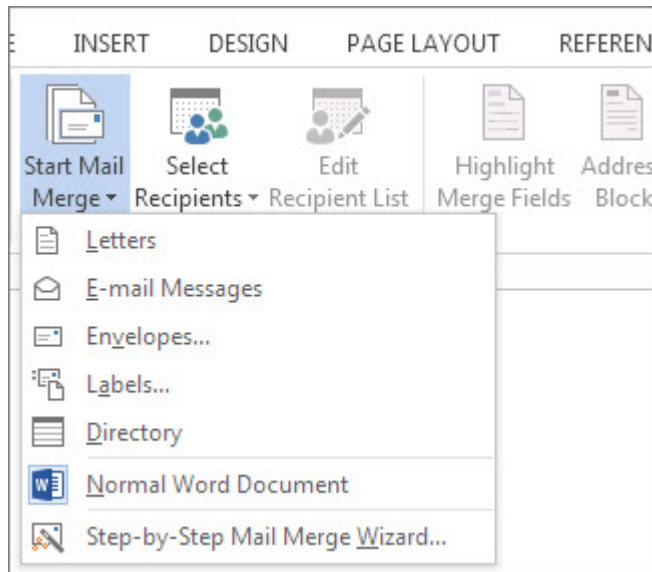
3. **Your merged document**

This document is a combination of the main document and the mailing list. Mail merge pulls the information from the mailing list and puts it in your main document, resulting in a personalized, merged document for each person on the mailing list.

Step 1: Prepare your main document

Type the body of the email message you want to send to everyone in Word before you begin. If you're telling people about an upcoming event, for example, include the name, date, time, and location of the event. Those event details are important for everyone to know.

- On the **Mailings** tab, in the **Start Mail Merge** group, choose **Start Mail Merge > E-mail Messages**.



Step 2: Set up your mailing list

In order to send emails, a MAPI-compatible email program like Outlook or Gmail needs to be installed. If you're using Outlook MAPI, make sure your versions of Word and Outlook are the same.

The mailing list is your data source. It can be a directory of Outlook contacts, an Access database, or an Office address list. It contains the records that Word uses to pull information from to build your email messages.

Tips

- If you don't have a mailing list, you can create one during mail merge. Before you start the mail merge process, collect all of your data records, and add them to your data source. See, [create a new list in Word](#).
- If you're using an Excel spreadsheet, make sure the column for ZIP codes or postal codes is formatted as text so that you don't lose any zeros. For more information see, [Prepare your Excel data source for a Word mail merge](#)
- If you want to use your Outlook contacts, make sure Outlook is your default email program. For more information see, [Use Outlook contacts as a data source for a mail merge](#)

Step 3: Link your mailing list to your email message

Now it's time to choose your recipients from a data source (an address list). Make sure your data source has a

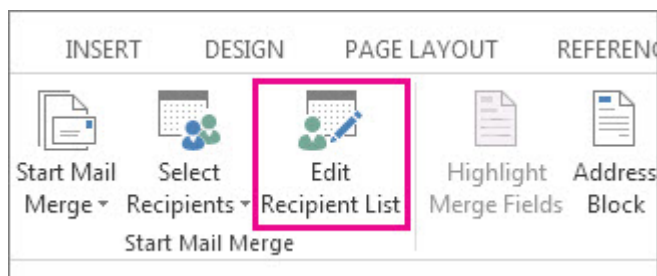
column for email addresses and that there's an email address for each person you're sending the email to.

1. On the **Mailings** tab, in the **Start Mail Merge** group, choose **Select Recipients**, and then choose an option.
2. Do one of the following:
 - If you don't have a mailing list, choose **Type a New List** and create one.
 - or
 - If your mailing list is in an Excel spreadsheet, an Access database, or another type of data file, choose **Use an Existing List**. Then browse to your list and choose **Open**.
 - or
 - If you're using your Outlook contacts, choose **Choose from Outlook Contacts**.
3. Choose **File > Save as**.
4. In the **File name** box, type a *file name*, and then choose **Save**.

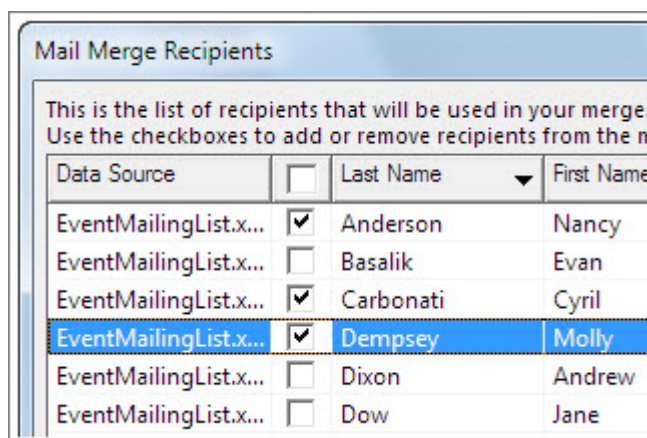
Edit your mailing list

If you're sending email messages to everyone on your list, go to *Step 4: Add personalized content to the email message*. If you want to send emails only to certain people on your list you can narrow the list, use the steps under Edit your mailing list.

1. Choose **Edit Recipient List**.



2. Check the names of the people who you want to receive your email message.

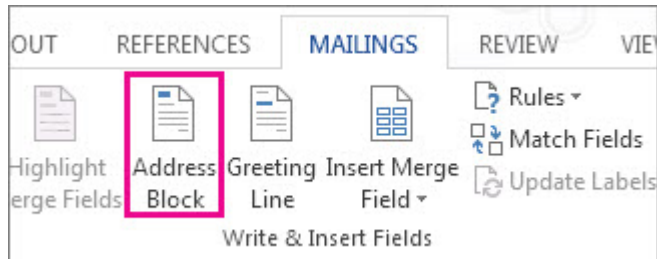


You also can [sort or filter the list](#) to make it easier to find names and addresses.

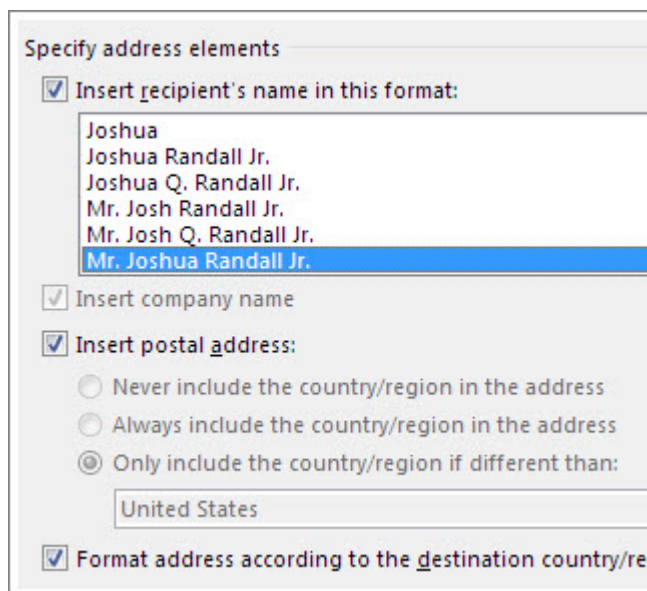
Step 4: Add personalized content to the email message

Personalize each email message by adding a person's name and address. The best practice for adding these details is to insert merge fields in your main document.

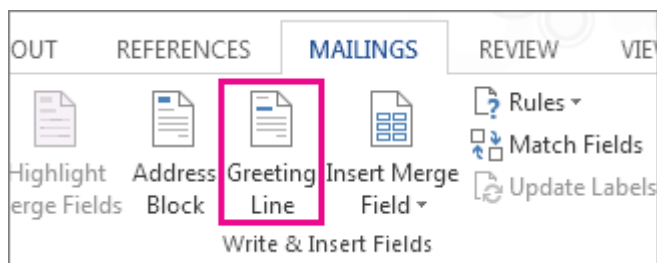
1. On the **Mailings** tab, in the **Write & Insert Fields** group, choose **Address Block**.



2. In the **Insert Address Block** dialog box, choose a format for the recipient's name as it will appear in the email.



3. Choose **OK** to insert the merge field.
4. In the **Write & Insert** group, choose **Greeting Line**.



5. In the **Insert Greeting Line** dialog box, choose the format you want to use.
6. Choose **OK** to insert the merge field.

7. Choose **File > Save** to preserve your email.

Note: You'll need to format your email manually after inserting fields.

You can also add other fields from your data source to your email message. For more information, see [Insert mail merge fields](#).

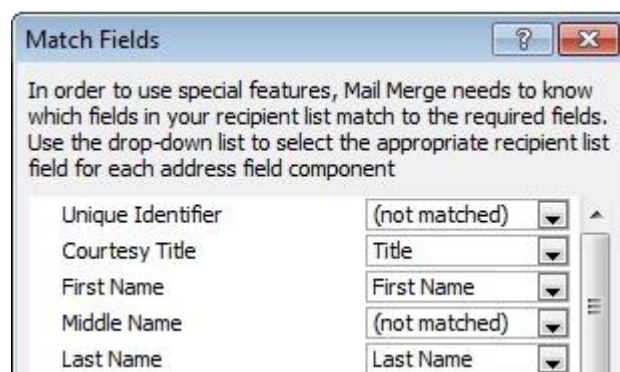
Verify merge field names

Make sure Word finds the names and addresses in your mailing list.

1. On the **Mailings** tab, in the **Write & Insert Fields** group, choose **Match Fields**.

Tip: **Merge Fields** also can be opened from the **Insert Address Block** dialog box you used to add an address block to the main document.

2. In the **Match Fields** dialog box, verify that the record fields that appear in the list match the names of column headings for records in your mailing list data source.



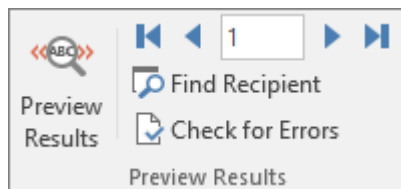
Note: There are two columns in the dialog box. The left column is a list of common names in a business record for example. The right column is the field name for the common name that is mapped to a column heading in your data source file.

3. Do one of the following:
 - If the field names shown match column headings you used for records in your mailing list data source, do nothing.
 - or
 - If **(not matched)** appears in a field name that you expected to match a column heading in your data source, choose the drop-down arrow, and then choose the field name in your mailing list data source. Repeat as necessary.
4. Choose **OK**.

Format mail merge fields

To change the font, size, or spacing of the merged content, select the merge field name and make the changes you want.

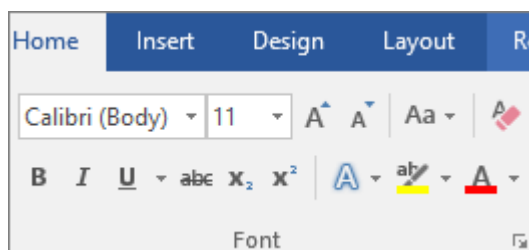
1. On the **Mailings** tab, in the **Preview Results** group, choose **Preview Results** to switch from the merged results back to the mail merge fields in your letter.



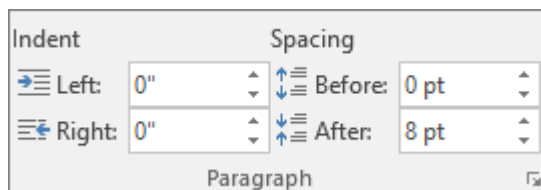
2. Choose the merge field name.



3. On the **Home** tab, choose the font and the font size you want to use.



4. On the **Page Layout** tab (Word 2013) or **Layout** tab (Word 2016), choose the paragraph spacing you want.

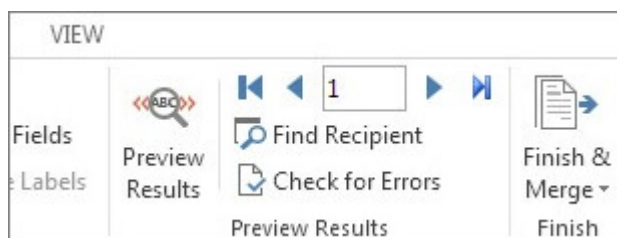


Note: Because Word treats each line in an Address Block as a paragraph, you might want to reduce the spacing between the lines.

Step 5: Preview and finish

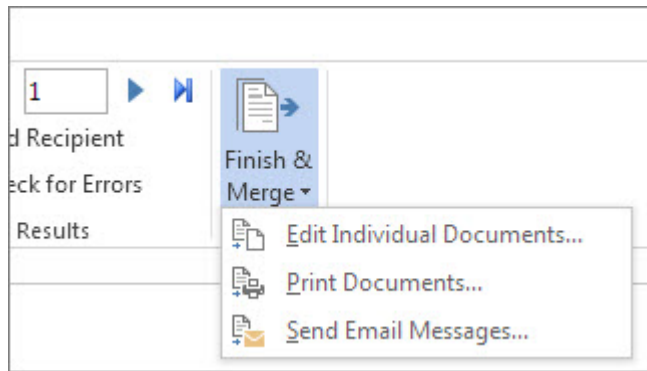
After you add merge fields to your main document, you're ready to preview the merge results. When you're satisfied with the preview, complete the merge.

1. Choose **Preview Results**, and then choose the **Next** or **Previous** record button to make sure the names and addresses in the body of your letter look right.



Tip: To go to the start of the list, choose the **First** record button, and to go to the end of the list, choose the **Last** record button.

2. Choose **Finish & Merge > Send E-mail Messages**.



3. In the **To** box, choose the name of the email address column in your list.

Note: Word sends an individual message to each email address. You can't Cc or Bcc other recipients and you can't add attachments to the email.

4. In the **Subject line** box, type a *subject line* for the message.

5. In the **Mail format** box, choose **HTML** (the default setting) or **Plain text** to send the document as the body of the email message.

Important: If you send the email message as Plain text, the main document won't include any text formatting or graphics.

6. Under **Send records**, do one of the following:

- Accept the default setting to merge and send **All** records.

or

- Choose **Current record** and only the record viewable on your screen is sent the message.

or

- Choose the last option, and in the **From** box, enter the *record number* to begin the merge, and in the **To** box, enter the *record number* to end the merge.

Note: An email is not sent to anyone with a record number excluded from the From-To range.

7. Choose **OK** to run mail merge.

Step 6: Save the personalized message

Save the email message if you plan to use it for another mail merge.

When you save the main document, you also save its connection to the data source you chose. The next time you open the main document, Word prompts you to choose whether to keep the connection to the data source.

- If you choose **Yes**, the document opens showing information merged with the first record.
- If you choose **No**, the connection between the main document and the data source is broken. The main document for the email becomes a standard Word document.

See also

- Tags
- [Bulk](#)
- [Customize email](#)