



Knowledgebase > Office/Windows Support > Microsoft Word: Add Table of Contents to document

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## Microsoft Word: Add Table of Contents to document

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This article contains information on how to add a Table of Contents to your document:

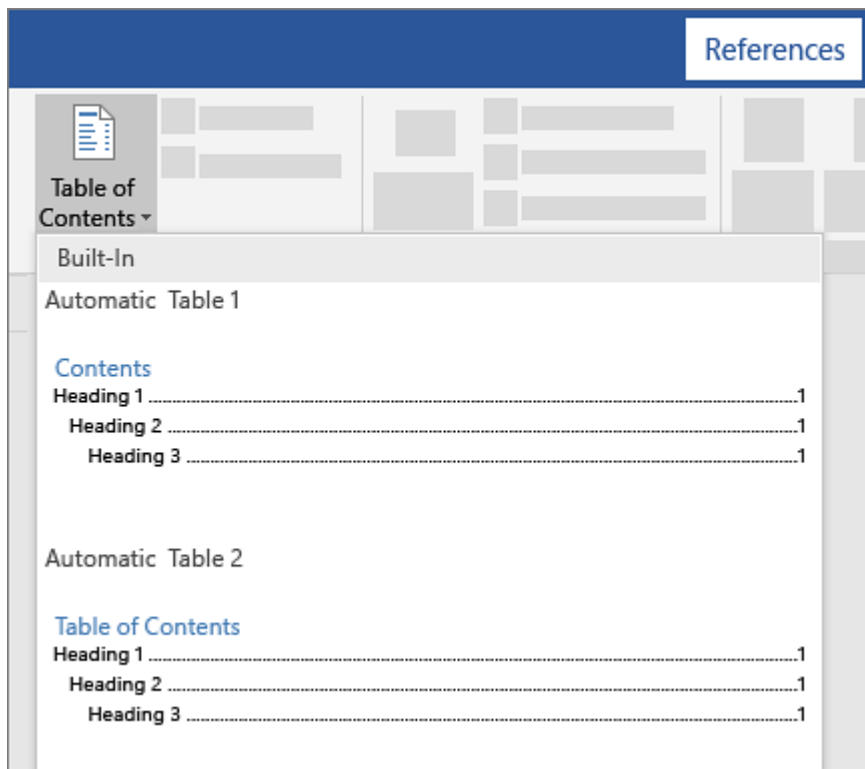
### Step 1: Prepare your documents

- In order to insert an automatic Table of Contents, your document should be formatted using styles for all headings.
- For each heading that you want in the table of contents, select the heading text, go to **Home** > **Styles**, and then choose **Heading 1, 2, or 3**.



### Step 2: Create the table of contents

- Put your cursor where you want to add the table of contents:
- Go to **References** > **Table of Contents**, and choose **Automatic Table 1** or **Automatic Table 2**.



If you make changes to your document that affect the table of contents, update the table of contents by right-clicking the table of contents and choosing **Update Field**.

For more information, a video and tutorial, please visit the link below:

[Microsoft Word: Insert a table of contents](#)