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Zoom General: How to join a scheduled meeting as host

Marcelle Gornitsky - 2026-01-05 - [Zoom](#)

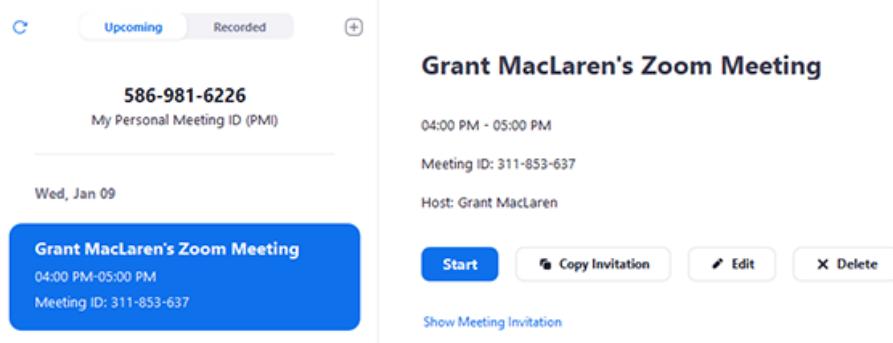
If you are the meeting host and need to start or join a scheduled meeting, there are several ways that you can join the meeting. As the host, you can start the meeting from the Zoom desktop client for Mac, PC or Linux, the Zoom app for Android or iOS, or your web browser,

[Windows | macOS](#)

1. Sign in to the Zoom desktop client

2. Click the **Meetings**  tab.

3. Under the **Upcoming** tab, select the meeting you want to start.
Additional options will appear.



586-981-6226
My Personal Meeting ID (PMI)

Upcoming Recorded

Grant MacLaren's Zoom Meeting

04:00 PM - 05:00 PM

Meeting ID: 311-853-637

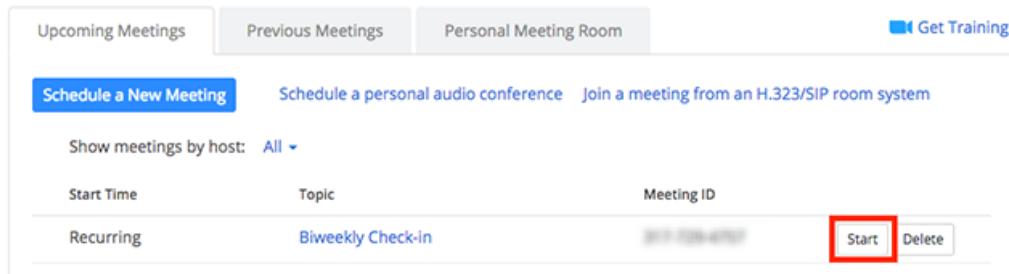
Host: Grant MacLaren

Start Copy Invitation Edit Delete

Grant MacLaren's Zoom Meeting
04:00 PM-05:00 PM
Meeting ID: 311-853-637

[Web](#)

1. Go to <https://fau-edu.zoom.us/>
2. Click Sign In
3. Use FAU SSO Login
4. Login to [My Meetings](#).
5. Under **Upcoming Meetings**, click **Start** next to the meeting you want to start.



The screenshot shows the Zoom web interface for managing meetings. At the top, there are tabs for 'Upcoming Meetings', 'Previous Meetings', and 'Personal Meeting Room', with 'Upcoming Meetings' being the active tab. A 'Get Training' button is also at the top right. Below the tabs, there are buttons for 'Schedule a New Meeting', 'Schedule a personal audio conference', and 'Join a meeting from an H.323/SIP room system'. A dropdown menu for 'Show meetings by host' is set to 'All'. The main area displays a table of scheduled meetings. The first meeting listed is 'Biweekly Check-in', which is marked as 'Recurring'. The 'Topic' column shows 'Biweekly Check-in', and the 'Meeting ID' column shows a long string of numbers and letters. To the right of the meeting details are two buttons: 'Start' (which is highlighted with a red box) and 'Delete'.

6. The Zoom client should launch automatically to start the meeting.

Click on the link below for more information.

<https://support.zoom.us/hc/en-us/articles/201362423-How-do-I-Start-or-Join-a-Scheduled-Meeting-as-the-Host->

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