

Knowledgebase > Zoom > Zoom Features: How to share and optimize a video

Zoom Features: How to share and optimize a video Marcelle Gornitsky - 2024-03-25 - Zoom

Starting a New Screen Share to play a video and enabling sound

1. Click the **Share Screen** button located in your meeting controls.



2. Select the screen you with to share

	Basic	Advanced	
		2	
Screen 1	Screen 2	Whiteboard	iPhone/iPad
Share computer sound	Optimize for full screen video clip		Share

3. You should check off **Share computer sound** so that that participants can hear the video

4. If you will be playing the video full screen, check off **Optimize for full screen video clip**

4. Click Share Screen.

Share Computer Sound: if you check this option, any sound played by your computer will be shared in the meeting.

Optimize for full screen video clip: Check this if you will be sharing a video clip in full screen mode. Do not check this otherwise, as it may cause the shared screen to be blurry.

Video options While already Screen Sharing

1. Click **More** in the screen share controls.

•••				
More				
Chat				
Closed Caption				
Breakout Rooms				
Invite				
Record on this Computer				
Record to the Cloud				
Disable participants annotation				
Show Names of Annotators				
Live on Workplace by Facebook				
Live on Custom Live Streaming Service				
Share computer sound				
Optimize Share for Full-screen Video Clip				
End Meeting				

2. Click **Share computer sound** and/or **Optimize Share for Full-screen Video Clip** to enable it.

3. Start playing your video while sharing your screen.

Tags		
Zoom		